

Heidi Grogan

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Heidi Grogan teaches creative writing to Calgary university students and women in recovery. Her work attends to issues at the intersection of trauma, social justice, and spirituality, and has been published by Caitlin Press and The Upper Room; in Canadian and US literary magazines and journals including *ROOM*, *Weavings*, and online with *Weavings*.

Education

- M.A. Spiritual Theology, Regent College; Vancouver, British Columbia
- B.Sc. (Hon.), University of Guelph; Guelph, Ontario
- Basic CPE (Clinical Pastoral Education), Canadian Association for Spiritual Care Accredited Unit; Foothills Hospital, Calgary, Alberta
- FNMI Aboriginal Awareness Certificate; NAIT, Alberta

Awards & Achievements

- Second Place – 2015 Brenda Strathern award: “The Shape of a Boy”
- Honourable Mention – 2014 Brenda Strathern award: “Shine”
- Writer’s Guild of Alberta mentorship for novel in progress – 2014: “The Shape of a Boy”
- First Place– 2014 The Word Guild national award: “Cry of the Streets” (2013, *Weavings*)
- 2013 Alexandra Centre short story competition: “What Took You So Long?”
- Quarter-Finalist – 2013 *Ruminate Magazine* competition: “Climber Boy”
- Short Listed– 2012 The Word Guild national award: “Adoption: A Kaleidoscope Community” (*Weavings*)
- First Place– 2008 The Word Guild novice writing award: “From Scar to Sacrament”

Publications

Creative Non-Fiction

“From Scar to Sacrament” in *Boobs: Women Talk about What it Means to Have Breasts*. Caitlin Press, Calgary: 2016 (Anthology.)

“Mirror Mirror on the Wall” in *Boobs: Women Talk about What it Means to Have Breasts*. Caitlin Press, Calgary: 2016 (Anthology.)

“A Sacred Seeing” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXXI, Number 1 The Upper Room, Nashville Tennessee: Nov/Dec 2015/Jan 2016

“A New Hunger So Vast” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXX Number 4 The Upper Room, Nashville Tennessee: Aug/Sept/Oct 2015

“This is My Body” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXIX, Number 2 The Upper Room, Nashville Tennessee: Feb/Mar/Apr 2014

“Cry of the Streets” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXVII, Number 2 “Bring Good News to the Poor” The Upper Room, Nashville Tennessee: Nov/Dec 2013/Jan 2014

“Adoption: A Kaleidoscope Community” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXVIII, Number 2 The Upper Room, Nashville Tennessee: Nov/Dec/Jan 2013

“Kiln-Fired Hope” in *Weavings, a Journal of the Christian Spiritual Life* Vol. XXVII, Number 2 The Upper Room, Nashville Tennessee: Feb/Mar/Apr 2012

“From Scar to Sacrament,” in *ROOM Magazine* 33.4. Vancouver, British Columbia: 2011.

Non-Fiction

“Embodying the Compassion of the God Who is Present to the Marginalized” in The Upper Room Disciplines 2015: A Book of Daily Devotions. The Upper Room Books, Nashville Tennessee: 2015. (185-192)

Cry of the Streets, managing editor and supervision by H. Grogan. Servant Anonymous Society of Calgary, Spring 2006, 2009, 2011.

Readings

August 11, 2016 at Pages on Kensington in Calgary for the Flywheel reading series: “Mirror Mirror on the Wall”

June 6, 2016 at Shelf Life Books in Calgary for launch of *Boobs: Women Talk about What it Means to Have Breasts*: “Mirror Mirror on the Wall”

May 25, 2015 at Audrey’s Books in Edmonton for Writer’s Guild of Alberta Mentorship Program: “The Shape of a Boy”

Professional Development

2016: Course Design for Instructors, University of Calgary

2014: Mentorship Program, Writer’s Guild of Alberta

2009: Fiction II, University of Calgary

2008: Introduction to the Novel, Alexandra Writers’ Centre Society

Teaching and Mentoring

2018: The Shoe Project. Coordinator and writing coach, supporting women immigrants in writing and performing their journey-stories

2018: Ambrose University. Instructor of “Spiritual Writing,” a course exploring spiritual writing in the form of journaling, devotional writing, poetry, and creative nonfiction essays.

1997-2013: Servants Anonymous Society (SAS, now RESET), a Calgary agency offering support to women exiting the sex trade. Facilitated weekly creative writing classes. Edited and supervised the production of three SAS self-published magazines. Initiated and coordinated the SAS Author’s Circle, which saw published authors helping women use their voice confidently and articulately. Wrote seven courses of 20 classes each, in language tailored to attend to the unique issues of sexually exploited women. Wrote the S.A.S. Memorial Book to honour and remember past participants and their children who are deceased.

2016-present: University of Calgary Creative Writing Certificate Program. Instructor of WRI 500 (short fiction) & WRI 450 (senior level course, individual mentoring and editing of manuscripts.)

2014 -2016: St. Mary’s University. Lead Instructor for Humanities 103 “Story and Meaning” & Humanities 105 “Different Stories, Different Meanings” -- university-level courses for people with barriers to education including poverty, homelessness and addictions recovery.

Lectures & Presentations

2017-2018: Eating Disorder Best Practices, Wellness Education Expert Committee, Alberta Education K-12 Curriculum Redesign

2012: Round Table Initiatives, “Woundedness, Grief and the Gift of the Mystics”

2011: University of Nebraska- International Interdisciplinary Conference on Human Trafficking. Two presentations: “Healing the Wounds Incurred in Sexual Exploitation: A Community Model for Reintegration into Society” and “Responding to a Voiced Need: Curricula Targeted to Women Exiting the Sex Trade”

2011: Creighton University, Centre for Catholic Thought: Social Issues Podcast, “Supporting Women at Risk”

2009: Calgary Network on Prostitution, “A Community Approach to Exiting the Sex Trade”

Associations

Alberta Writer’s Guild (current member)